

2009  
CENTENARY



School of Applied Community and Health Studies  
Centre for Personal and Professional Development  
8-10 Berkeley Square  
Bristol  
BS8 1HH

Web: [www.bris.ac.uk/cppd](http://www.bris.ac.uk/cppd)

Claire Sharpe,  
BACP House,  
15 St John's Business Park  
Lutterworth LE17 4HB

19<sup>th</sup> June 2009-06-20

Dear Claire,

Re: Awards for Excellence in Counselling and Psychotherapy Practice  
Parivarthan Counselling, Training and Research Centre, Bangalore

I am writing to support the above centre in their application for an award.

I visited the centre in March 2008, at the invitation of a Counselling Psychologist from Parivarthan who was attending a workshop on Counselling Supervision which I was running with a colleague at Montfort College in Bangalore.

What immediately struck me was the level of professionalism and commitment to attaining high standards with the limited resources available. The Director and staff of the centre were providing a counselling service and training for counsellors and were committed to the pursuit of excellence and ongoing professional development.

It is a small organisation which is well managed and has a dedicated staff who are providing access to counselling in a community where counselling is a fairly new approach to improving the quality of life. In this context it seems particularly important that high standards are set at the outset and maintained. This is what was evident at Parivarthan.

Teachers are welcomed from overseas and experiential methods encouraged. There was a spirit of innovation and a willingness to learn from us. Since our workshop, arrangements have been made with Montfort College for counselling supervision between the two organisations. Their practice is following BACP guidelines and ethical standards are being maintained.

Counselling is developing in India and there are few organisations providing training for counsellors. I believe that it is important at this stage for initiatives which provide a high standard of service to clients alongside a high standard of training for counsellors, to be recognised and rewarded.

Yours sincerely,

Wendy Laughlin.  
MSc (Counselling Training and Supervision) Dip Couns  
BACP Membership No: 505427

2009  
CENTENARY



School of Applied Community and Health Studies  
Centre for Personal and Professional Development  
8-10 Berkeley Square  
Bristol  
BS8 1HH

Web: [www.bris.ac.uk/cppd](http://www.bris.ac.uk/cppd)