PARIVARTHAN COUNSELLING, TRAINING AND RESEARCH CENTRE, BANGALORE

PARENTING IN A PANDEMIC

Facilitated support group sessions for parents to connect and share, to find comfort, care, ideas and solutions

90 MIN SESSIONS EVERY FORTNIGHT STARTING MID-AUG ON ZOOM

- Max. 10 participants per group
- Facilitated by trained and experienced therapists from Parivarthan.
- Sign up for a single session / series based on your convenience
YOU ARE NOT ALONE!

PARENTS ARE FACING UNPRECEDENTED CIRCUMSTANCES

...work-from-home, schooling-from-home, care for older adults, managing changing circumstances, health scares, isolation...

Amongst these new demands, unfamiliar dynamics and reorientation of routines -

Tune in to a sharing space for parents to bring in any and everything pertinent to their respective challenges and changing experiences of family life.

Session cost- Rs.800/-
(if the cost is keeping you from signing up please write to us)

CLICK HERE to fill the REGISTRATION FORM

FOR MORE INFORMATION EMAIL:
PARIVARTHANBLR@GMAIL.COM
WWW.PARIVAR THAN.ORG