



**ADVANCED TRAINING MODULE
BASIC SKILLS IN COUPLE & FAMILY THERAPY
2024-2025**

Parivarthan Consultation and Training Services will be offering an IN-PERSON Advanced Training Module on BASIC SKILLS IN COUPLE AND FAMILY THERAPY for trained counsellors / mental health professionals. Training will be held at Parivarthan, Indiranagar, Bengaluru.

This is a revised Training Module to maximise both participation and learning by the trainees. The new format of the Training will be in 3 Modules, with breaks between each Module that will enable trainees to assimilate and practice their learnings in the space between each training Module. The focus of the Training will be on the application of theories and skills taught, and hence 50% of the Training will be assigned for Supervised Practice.

FACILITATOR:

RATHNA ISAAC (PhD in Clinical Psychology) completed her training in NIMHANS (2005), with a thesis on Marital Therapy with Distressed Couples.

COURSE DETAILS

Duration:	84+ hours – over 3 modules of 28 hours each
Dates:	Module I: November 09, 16, 23 & 30, 2024 Module II: January 18, 25 & February 01 & 08, 2025 Module III: March 01, 08, 15, 22, 2025
Training Day:	Saturdays / 09:30 am to 4:30 pm
Admission:	By interview.
Fees:	Rs.60000/- plus GST (when signing up for all 3 Modules) Rs.25000/- plus GST (when signing up for Individual Modules only)

CERTIFICATION

Certification will only be awarded to trainees who complete all three Modules, however if space is available, we will open our admissions to individual modules as well, provided there has been some previous training already attended on Couple and Family Work.

A Certificate will be issued based on completion of course requirements and attendance.

If you are interested and wish to apply for the Training Programme, please email information@parivarthan.org asap as the number of participants on the Training Programme will be limited.